



Church on the Hill

Sunday 10 July 2016



Theme: How Long, O Lord? (Christians and Depression)
Vicar: Susan Gill
Preacher: Micah Did-Dell
Readings: Psalm 6, 1 Thessalonians 5:12-15

Sentence:

The Lord has heard my weeping. The Lord has heard my plea.

- *Psalm 6:8 - 9*

Prayer for the day:

Dear Lord, you are our refuge in good times and in bad times. In your infinite mercy, bring peace and comfort to those of us who face days filled with pain or depression. Remind us that through you there is joy and the promise of lasting peace. Surround us with your loving presence so that we may reach out to you and

walk in your footsteps during our earthly journey. Help us to focus on our blessings rather than our misfortunes, dear Lord. Help us to walk alongside others as a comforting presence rather than a problem-solver. Thank you for hearing and answering our prayers.
Amen.

Following Jesus, Building Community

Reflections...



Depression

Mental illness is a complex topic that can't be covered in a single sermon. It is also a topic that some find hard to talk about. Because of this I wanted to provide a list of resources that are encouraging, edifying, and useful both for those who suffer from depression and for those who want to know how to support them better.

To access the Internet resources just type the tinyURL into the address bar of your Internet browser or Google the title.

Encouragement/Help

Depression: When The Dark Night of the Soul Stays through the Morning - John Pavlovitz (<http://tinyurl.com/jarcev2>)

Coming Out of the Closet (Depression and the Christian) – John Pavlovitz (<http://tinyurl.com/grcrsen>)

Don't End Your Song Too Early (For Those Contemplating Suicide) – John Pavlovitz (<http://tinyurl.com/zl59egx>)

On the Taste of Shotgun Barrels – Mike McHargue

(<http://tinyurl.com/hrymyql>)

Help! I'm a Christian Struggling With Suicidal Thoughts – Jayson D. Bradley (<http://tinyurl.com/hjrhz7a>)

Support/Church

Why Do Christians Shoot Their Wounded? – Dwight L. Carson

Troubled Minds – Amy Simpson

How To Help a Friend Fight Depression – Relevant Magazine (<http://tinyurl.com/hajyg9b>)

Stepping Into the Minefield (To Those Who Love A Depressed Person) – John Pavlovitz (<http://tinyurl.com/zqxeb2c>)

How The Church Should Talk About Depression – Relevant Magazine (<http://tinyurl.com/hfazxwn>)

Information

Depression.org.nz

5 Things Christians Should Know About Depression and Anxiety – Relevant Magazine (<http://tinyurl.com/m6s3bnf>)

4 Myths Christians Need To Stop Believing About Depression – Relevant Magazine (<http://tinyurl.com/lh5wb7d>)

Micah

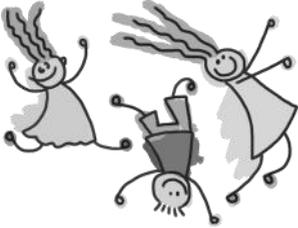
Where do I fit? - We will be running a short and sharp course covering several aspects of how God has gifted us. Alex Johnston will facilitate the sessions and look at spiritual gifts, people/task preferences, passion etc. The aim is for you to know where you are now and what God is calling you to be involved in. The course will run over two Sunday mornings on 7th and 14th August. It will be held in the hall during one service so you can still go to the other service. Please contact the office asap with your name and preference for the course to be held at 9.00am or 10:30am. church.onhill@xtra.co.nz or phone: 544 8844

Church open for Prayer - Join in on Monday from 9.00am to 2.00pm to pray for your personal needs, our parish, our community and the world. All welcome. Feel free to come and go.

Book Fair - We are holding our Book Fair on Saturday 16 July from 9.00 am to 12.00noon. If you have any books or things paper, puzzles, patterns, magazines or the like to donate you can either drop them off at the hall on the Wednesday, Thursday or Friday between 10.00am and 4.00pm before the Fair or if you need them collected phone Shiona on 544 4155. All offers of help for the Fair and are be much appreciated. We need help to set up, on the day and packing down afterwards. Many thanks to those who have already volunteered. If you could help on the day please could you put you name against the jobs on the clipboard at the back of the church. Please could you use the enclosed fliers and tell your friends, family and neighbours about our Fair. Your help with advertising and your prayers for the Fair would be much appreciated. Any questions please phone Shiona 544 4155.

Church on the Hill Overseas Missions Group - Dates for your diary:

- Rick and Anne share about their work in the Middle East since 1996 involved in Theological Education by Extension. They have an amazing story to tell. All Saints Tibble room on Saturday 16 July at 12midday, soup and rolls lunch provided.
- Nelson NZCMS AGM 7.30pm July 26 Victory Community Church, Vanguard St. Nelson, This will include a talk by Allan and Christine, two of our mission partners working in ESOL Education in East Asia.
- Holy Trinity Church 10.00am Friday 29 July, your opportunity to meet Allan and Christine.



= KIDZ CHURCH CALENDAR =

Sunday 10, 17, 24 July - School Holidays - No Kidz Church

Sunday 31 July - Kidschurch led by Susan Gill

The toy box and baby change facilities are available anytime at the rear of the Church.

Your prayers and offers of help are appreciated.

Catherine 022 647 9810

Prayers for the Week

God's World – Lord we pray for your world and for its peace and especially pray at this time for all the families affected by the terrorists attacks in Baghdad and the shooting attack on foreigners in Bangladesh, that you will comfort those who lost loved ones.

Mission Partners – We pray for the Sussex family in South East Asia and especially pray for Phil Sussex as he lectures in the second half of 2016 that it will be deeply helpful to the dental students. Pray also for the family and a much needed holiday later this month that they will return back well rested and energised ready to start the new school and university year.

Diocese - We pray for our Bishop and all who are based at the Diocesan office; giving thanks for their ministerial support to us. They have been through a lot this year – death, staff changes and illness. Please protect them from harm and surround them all with your love. Help Bishop Richard and Hilary as they hit the ground running after their break. Comfort them as they hear the news of David Hollingsworth's illness. Be with David and his family; providing the strength they need each day. May the administrative and ministry teams work together effectively, supporting and caring for one another, as they honour your name in all they do.

Local Community - We pray this week for the Grace Church and for pastor Peter Somervell and his team and ask that you Lord will bless all their services, activities and work that they do to help those in our community.

Our Parish – We thank you Lord for what you are doing among us and we continue to pray for your provision in all areas of this parishes work. We pray and ask for your guiding hand as we evaluate what to do about a new facility for church fellowship and activities. Please give wisdom and lead the new team being setup to look into the type of facility needed for the future that will be cost effective. We also give thanks for the past building team and all the time and effort that was given. We pray also Lord for Susan, and ask that you will grant her your wisdom and guide her in her leadership and for decisions to be made, together with Vestry for moving us forward.

Those in need within our own church family – Heavenly Father we ask that you be with and give strength and comfort to Debbie, Carole Burke, Ellie, John Barnes, Laurie D'Eganneh, Pam Butler, Pam Cotton, Norma, Sonja, Ingrid Blackbeard, John Burrough, David Hollingsworth and others known to us. We pray also for the residents and staff in the rest homes and hospitals in the parish that they will know your peace

This Week...

Monday 11 July

7.30pm Weekly group (K. Peterson)

Tuesday 12 July

10.00am Weekly group (M. Silke)

10.30am Fortnightly group (J. Payne)

7.30pm Fortnightly women's group (S. Frengley)

Wednesday 13 July

10.00am Fortnightly women's group (B. Page)

10.00am Wednesday Service

Thursday 14 July

10.30am Wooden Spoon Café time (Y Smyth)

12.00pm Weekly Study group (WWilkinson, J Lines)

7.30pm Fortnightly group (J. Palmer)

7.30pm Fortnightly group (N. Pritchard)

Saturday 16 July

9.00am Book Fair

Sunday 17 July

9.00am Morning Worship

10.30am Holy Communion

Coming up...

Tuesday 19 July

11.45am Lunch on the Hill

For more information about services or groups contact the office Ph. 544 8844.

St Albans' Appleby Services 10.30am

Sunday 10 July

Holy Communion

Sunday 24 July

Morning Prayer

If you wish to give financial support to Holy Trinity Church, our bank account number is:
03 0751 0146369 001 Westpac Richmond

Roster for 17 July *Thank you for serving us all!*

Leader: 9.00am S Gill

Reader: 9.00am A Burrough, K South

Sidespeople: 9.00am J Lines

Welcomer: 9.00am S Entwistle

Tea: J & K South

Chalice: 9.00am S Frengley, P Jordan

Flowers: M Reynolds

10.30am A Sardella

10.30am M Did - Dell

10.30am J Green

10.30am N Pritchard

10.30am M Ross, N Pritchard,
E/D Stanger

Creche: TBC

Theme for Next Sunday: Calming the Storms

Readings for Next Sunday: Job 38:1, 4-11; Acts 27:27-32, Mark 4:35-41

Parish Contacts

Vicar	Susan Gill	544 8827	Children's Ministry	Catherine Barak	022 6479810
Priest Assistant	Jean Palmer	544 4275	Friends 'n Fun	Carol Sardella	544 9237
Senior's Ministry	Yvonne Smyth	544 8844	Parish Administrator	David Cowdrey	544 8844
Youth Leader	Antonio Sardella	027 3525598			

Holy Trinity Church

27 Dorset Street

PO Box 3013

Richmond

Phone / Fax 03 544 8844

Email church.onhill@xtra.co.nz

Website

www.holytrinityrichmond.org.nz

Office Hours

Monday, Tuesday,

Thursday, Friday

1.00pm - 5.30pm