



Church on the Hill

Sunday 28 August 2016



Theme: Stillness
Vicar: Revd. Susan Gill
Preacher: Revd. Susan Gill
Readings: Psalm 107:23 - 32, Mark 1:35 - 39

Sentence:

Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.

- Mark 1:35

Prayer for the day:

Great caregiver of our souls; comfort those who have no silence. Shelter those who have no peace. Surprise them with your love. Help us to carve out times of deep silence when we can meet with you. Let us seek you that we may be

healed and restored. Gracious Holy Spirit, pour out the blessing our Lord Jesus Christ's presence on all those who long for you. We ask for this in his name,
Amen.

Following Jesus, Building Community

Reflections...



Practicing God's Presence

Today we are thinking about stillness; simply being aware of the Lord's presence with us as we go about the business of living each day, wherever we are.

There are several spiritual practices or disciplines that can help with this.

One practice that I find really helpful at the end of each day is called the examen. (Jesuits are required to stop at noon as well as the end of the day for this discipline). The basic discipline comes from St Ignatius of Loyola and looks like this:

1. Become aware of God's presence.
2. Review the day with gratitude.
3. Pay attention to your emotions.
4. Choose one feature of the day and pray from it.
5. Look toward tomorrow.

There are lots of variations to this spiritual practice. Some simply recall something to be grateful for and something that was a challenge or disappointing; giving thanks for both things and praying for those concerned. Another variation, and printable card to carry with you, can be found

at <http://www.ignatianspirituality.com/19076/examen-prayer-card>

You could form your own practices and work them into your own context. When I worked in Nelson, some years ago now, I'd pause every time I heard the City Council clock mark the hour. I'd thank the Lord that he was with me and ask him to lead me to those he wanted me to encounter.

Here in my office, I have a book stand, on which I keep my daily journal and readings open. When I glance up I am reminded what the Lord said earlier in the day. It helps me process and assimilate his Word into all of my day and gives me fresh insights too.

Spiritual disciplines don't always have to be solitary. Praying with others regularly not only helps in my relationship with the Lord but also strengthens my understanding of those I pray with.

What reminders or prompts (otherwise known as spiritual disciplines) can you use to deepen your awareness to the Lord who is with you and access the power he has for your daily life?

Learning together in love,

Susan

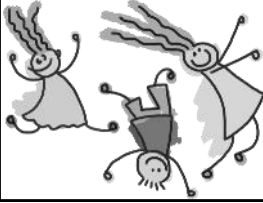
Church open for Prayer - Join in on Monday from 9.00am to 2.00pm to pray for your personal needs, our parish, our community and the world. Pop in for hot soup and prayer. All welcome. Feel free to come and go.

New Initiative - Last Sunday I mentioned the new initiative we are setting up with Age Concern. We are starting a weekly tea and talk, drop in centre, on a Wednesday morning operating out of the Richmond Seniors rooms, adjacent to the Age Concern Offices, Oxford Street. The start time is 10.00am and finish time 11.30am. The first meeting will be held on Wednesday 31 August and will be a Spring theme! The cost will be \$3.00 to cover morning tea. Please come and invite any senior neighbours you may have. It would be great to have many of our people there as we start this exciting new venture! Thank you to the AAW ladies who have offered tablecloths, we will also need some camellias and other spring flowers for the tables, and ideally we need about 8 volunteers, so we have enough people to help us. If we had 8 people, you would only be there once every two months. Thanks to those who have already volunteered. Please see Shiona or Yvonne if you can help.

Can you help? An elderly gentleman is in need of a set of drawers to put his clothes in. Is there anyone who can give him some drawers? Please contact Yvonne if you can help. Much appreciated.

Men - The question if the Southern link should be build has still not been resolved. Perhaps we can help the councils and Nick Smith to expedite a decision. Come to the meeting next Monday evening 29 August 2016 at 7.00pm at 20 Elmsdale Close, Richmond. Jacob Klootwyk Ph. 544 5269

Cafe Connection - Our next monthly gathering will be at The Wooden Spoon Cafe, 10.30am Thursday 15 September. All very welcome to join us for a happy time of socialising, coffee, and food! You will find us at the big reserved table in the middle. Hope to see you there! Yvonne



= KIDZ CHURCH CALENDAR =

Today Sunday 28 August - Father's day preparation

Next Week Sunday 4 September - Exploring the Bible

The toy box and baby change facilities are available anytime at the rear of the Church.

Prayers and offers of help are appreciated. Catherine 022 647 9810

Prayers for the Week

God's World - Let us pray for the nations of the earth, for the well being of all people, and for those in authority. Guide with your wisdom, heavenly Father, those who govern the nations of the earth that justice and peace may increase, until the earth is filled with the knowledge of your love. We pray especially for wisdom, for the voters in America as they prepare to select a new president. We thank you for the Rio Olympics, for the great joy it gave so many people and for the fact that it truly represented the spirit of the Olympics. We pray for all people affected by natural disasters, especially the people of Central Italy, the injured, the trapped and the people who have lost loved ones, and for the people of Myanmar, in the aftermath of another earthquake, may aid come quickly to those in need. We pray for peace in the Middle East and Europe, for an end to the war in Syria, and we lift up to you, the continuing refugee situation and the threat of terrorism. We also pray for the Christian church in Russia especially regarding the new laws which eliminate religious freedom of any group other than the Russian Orthodox Church, and we pray for all persecuted Christians. Look kindly on our world, our God, as we suffer and struggle with one another, and may the light we have seen in Jesus, illuminate and brighten the entire world.

Mission Partners - We pray today for the Chris and Catherine Corin and family serving you in Central Asia. We pray for your hand of protection upon them in all that they do.

Diocese - We pray for the Nelson Cathedral, for our Bishop, The Right Reverend Richard Ellena, and for Reverend Nigel Whinney and Reverend Owen Haring. We pray for the witness that the cathedral is in Nelson, for its dominant position and for all the visitors who pass through the doors, that they will sense your peace and your presence.

Local Community - We pray today for the Methodist Church in Richmond, for their minister, Martin Oh, thanking you for the blessing of the gardens in front of the church yesterday, and for their witness over many years, in this community. We pray for the Love in Action Group and their outreach to single parents, on September 10th. Through this group may your love be shown.

Our Parish - We thank you Lord for what you continue to do among us here at Holy Trinity. We pray for Susan as she leads this Church and for the Vestry who provide governance, praying especially for the new building committee. We continue to pray for your protection over this place as Graeme Howarth talks this month on Christianity and Islam. May his talks continue to give us a deeper understanding of both faiths. And we pray for the various home groups of this parish which draw people closer to you and each other.

Those in need within our own church family - Let us pray for Alex Cotton, her sister Susan and her family, and others who are grieving for Pam Cotton. We thank you Lord, for the life and witness of Pam and what she meant to so many in our church family and wider community, which was evident at her funeral service. Heavenly Father, we ask that you bring healing, comfort and strength to Debbie, Carole Burke, Ellie, John Barnes, Laurie D'Eganneh, Sonja, Ingrid Blackbeard, David Hollingsworth, Val Jordan, and others known to us. We pray also for the residents and staff in rest homes and hospitals in this Parish, that they know your peace and love.

This Week...

Monday 29 August

7.00pm Men's Forum (J Klootwyk)
7.30pm Weekly group (K. Peterson)

Tuesday 30 August

10.00am Weekly group (M. Silke)
10.30am Fortnightly group (J. Payne)
7.30pm Fortnightly women's group (S. Frengley)

Wednesday 31 August

10.00am Fortnightly women's group (B. Page)
10.00am Wednesday Service

Thursday 1 September

12.00pm Weekly Study group (WWilkinson, J Lines)
7.30pm Fortnightly group (J. Palmer)
7.30pm Fortnightly group (N. Pritchard)
7.30pm Christianity & Islam

Friday 2 September

7.00pm Youth - Op Shop Ball

Sunday 4 September

9.00am Holy Communion
10.30am Holy Communion

Coming up...

Sunday 4 September

- 7.00pm Taize Service

Tuesday 6 September

- Lunch on the Hill

Saturday 17 September

- Love in Action Day
- Barn Dance Evening

St Albans' Appleby Services 10.30am

Sunday 11 September

Holy Communion

Sunday 25 September

Morning Prayer

If you wish to give financial support to Holy Trinity Church, our bank account number is:
03 0751 0146369 001 Westpac Richmond

Roster for 4 September *Thank you for serving us all!*

Leader:	9.00am J McConachie	10.30am Les Milligan
Reader:	9.00am A Heslop, V Matthews	10.30am TBA
Sidespeople:	9.00am B Page	10.30am T Manglesdorf
Welcomer:	9.00am G Thomas	10.30am TBA
Tea:	S Stephens, M Gibson	
Chalice:	9.00am A Burrough, E Erskine	10.30am S Stephens, C Ward
Flowers:	B Page	Creche: M Brosnahan

Theme for Next Sunday: Gratitude

Readings for Next Sunday: Psalm 136:1 – 9 and 23 – 26, Luke 17:11 – 19

Parish Contacts

Vicar	Susan Gill	544 8827	Children's Ministry	Catherine Barak	022 6479810
Priest Assistant	Jean Palmer	544 4275	Friends 'n Fun	Carol Sardella	544 9237
Senior's Ministry	Yvonne Smyth	544 8844	Parish Administrator	David Cowdrey	544 8844
Youth Leader	Antonio Sardella	027 3525598			

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Office Hours

Monday, Tuesday, Thursday, Friday
10.00am - 5.30pm
Wednesday 10.00am - 1.00pm